



Good Faith Estimate (GFE) for Mental Health Treatment and Services

GENERAL INFORMATION

Provider Name: Blue Rose Counseling, PLLC

NPI: 1356005706

Date of GFE: Begins with the first contact of 2024 and continues until services are terminated or a new GFE is provided with alterations or for 2025.

Total estimated **MAXIMUM** cost for one year of services for self-pay and Out of Network services:

- Weekly sessions for the entire year (\$180.00 x 52) \$9360.00
- Every two weeks for the entire year (\$180.00 x 26) \$4680.00
- Monthly for the entire year (\$180.00 x 12) \$2160.00
- Other: See Fee Schedule at the end of the Policies Document

Your total out of pocket estimate for In Network services is generally your copay and/or co-insurance. A detailed breakdown of those estimates is available through your insurance company's customer service center.

There may be a need that would merit seeing your clinician more than once a week for a strategic period of time, or a period that you or your clinician are on vacation or taking a therapeutic break. These would increase or decrease your annual expense by adjusting your actual number of sessions provided. Additional costs may be incurred as listed on the Fee Schedule for additional services.

Signing this policy indicates that you understand this policy and agree to the level it applies to you and your care. It does NOT indicate a contact or obligation to receive treatment. The frequency and type of treatment you receive is individualized and determined by you and your clinician, not this document.

If you would like to read more about the No Surprises Act, including information about your right to a GFE or the dispute process, visit www.cms.gov/nosurprises or call 1-877-696-6775, [click here for more information](#). ([No Surprises Act Information](#))

(Signed/Dated via electronic signature)

Standard Fees

All charges are due at time of service or prior to documents being released.

Mental Health Treatment:

Self-pay

- Comprehensive Mental Health Assessment / Intake Assessment (~1 hour) \$250
- 45-55 minute Therapy Session \$180
- 10 minute Additional Session Time (Crisis Only) \$60
- After Hours Session (Crisis Only) \$230

Insurance

- Comprehensive Mental Health Assessment (~1 hour) Insurance copay
- 45-55 minute Therapy Session Insurance copay
- 10 minute Additional Session Time (Crisis Only) Add \$60 to copay
- After Hours Session (Crisis Only) Add \$50 to copay

Substance Treatment:

- Comprehensive Substance Abuse Assessment and written report (~3 hours) \$520
- Substance Testing (Alcohol and 14-panel –No Letter) \$145
- Substance Testing (Alcohol and 14-panel w/Letter) \$210

Emotional Support Animal:

- Initial ESA Letter (after four sessions) \$50/animal
- Annual ESA Letter renewal from 2022 or earlier (current Clients only) \$25/animal

Supervised Visitation:

- Supervised Visitation Initial Intake/Orientation of Visiting Parent \$130
- Supervised Visitation Initial Intake of Custodial Parent/Legal Guardian \$no charge
- SV Supervision per hour \$80
- SV Supervision per hour with Coaching/Therapy \$180
- Family Therapy Session (~50 minutes) \$180
- Transportation (if visit is cancelled by either Parent (billed to canceling party)) \$10
- Late Fee (10 minutes from scheduled arrival (billed to late party)) \$25
- Guest Fee (per Guest/Hour) \$25

Documentation / Miscellaneous:

- Summary or Update Letter (without Drug/Alcohol Test) \$35
- Letter to verify Services/Participation \$35

- Copy of Records sent to Court/CPS \$35
- Rush Fee (fewer than 72 hours' notice) \$20
- Notary Service \$5
- Returned Check Fee (NSF) \$30
- Late Cancelations and No-Show Fees
 - First Incident \$no charge
 - Second Incident \$90
 - Third (and subsequent) Incident \$180

Court / Legal Fees

- Preparation time (including submission of records): \$200/hr
- Phone calls/Emails: \$200/hr
- Depositions/Court Hearings: \$375/hr
- Consultation with other professionals: \$200/hr
- All attorney fees and costs incurred by the therapist as a result of the legal action actual incurred
- Court Appearance (per Day or Partial Day) \$900
- Travel and Other Expenses for Court Appearance at government per diem rate (gsa.gov)

A \$900 retainer is due in advance of a court appearance. If a subpoena or notice to meet attorney(s) is received without a minimum of a two (2) week notice, there will be an additional \$180 rush charge. If the case is reset with less than one (1) week notice, the client will be charged \$300, in addition to the retainer of \$900 that will apply to the rescheduled court date.

Accepted forms of payment:

- Credit cards
- Debit cards
- Cash (in person – no change)
- CashApp and Venmo (on website)
- Money Orders (to: Blue Rose Counseling)
- Checks (if no previous NFS checks)